

JANUARY 2021

# CARE & WELLBEING



Clearly this is not the way any of us wanted to start the New Year. As you know, it was with a heavy heart the Prime Minister announced a **third national lockdown**, to contain the spread of a more virulent and transmissible variant of coronavirus.

We are relieved it's not all bad news! Following the roll out of Pfizer BioNTech's vaccine, as we write this, **91% of our staff have already received the vaccination.**

For those of you yet to be vaccinated, or a little concerned by the prospect, please feel free to speak to one of our Management Team.

Lastly, we cannot stress enough how important it is that you all take care of your mental as well as physical health - especially in the critical weeks and months ahead. Please free to contact us at any time.

Many thanks, KH Team

## LONG SERVICE AWARDS & KH HEROES AWARDS

As Christmas parties were clearly not on the radar for 2020 we had to reinvent some Christmas cheer. However, it was also so important to recognise some of our hugely dedicated and talented team and so the 'KH Healthcare Heroes Awards' took place virtually on **Friday 11th December 2020**. A **BIG thank you to those that voted.**



Our **WINNERS** were:

**Super Hero Award:** Liz Jones

**Social Hero Award:** Lyn Gummer

**New Hero Award:** Sophie Williams

**Helping Hero Award:** Claire Jones

**Mentor Hero Award:** Amy Evans

**Team Hero Award:** Hollie Bereza

**Night Hero Award:** Tania Wilford



**ABCD Awards:** Kim Miles / Amber Watts / Ann Oliver

**Long Service Awards - 5 Years:** Di Gammond / Becky Tilby / Michelle Hellyer / Liz Jones

Congratulations to our many **FINALISTS** too - it was wonderful to see so many names being recognised for their contribution. Our staff really do go 'above and beyond' and have certainly worked exceptionally hard during 2020 so we are hugely grateful for them. Well done Team KH!

## KH GROTTO

The KH Grotto was a huge success - thank you Lyn! Father Christmas delivered presents to over 20 children with the help of his elves. Here is Father Christmas with some of our visitors.



# WELCOME TO YASMIN

Welcome to **Yasmin**. Yasmin joins the Administration Team as **Receptionist / Apprentice**. Yasmin is currently on a Apprenticeship in Business Administration as she starts her career. Yasmin is the first point of contact on the telephone so we are sure you will speak to her if you haven't already.



# LIVE - ZOOM Q&A

Thank you to those that joined us for a **Coronavirus LIVE Zoom on Thursday 21st January 2021**. It proved to be a great success with some great ideas coming forward. If you would like to be involved next time, please contact the Management Team.



# GOOD TO TALK

Normally this time of year we would be thinking about Client Events and some exciting things to do together. We will be hosting a **Cup of Tea and Clarity LIVE Zoom Meeting on Friday 12th February at 10.00am - 11.00am**.

We are aiming to continue this **monthly** with a range of topics, chats, singing, quizzes and much more.

If you would like to join us please let your Wellbeing Assistants know and we can arrange this for you or **contact us in the office directly**.



# FUN BIT! A QUICK QUIZ

1. On a Monopoly board what colour is Trafalgar Square?
2. Who was the British Monarch in 1900?
3. Who composed the opera, *The Marriage of Figaro*?
4. The Clifton Suspension bridge passes over which river?
5. Which actress starred in the film, *Spartacus* and was married to Stewart Granger from 1950 - 1960?
6. Who is best known for inventing the bouncing bomb used by the RAF in World War 2?
7. Which French phrase is used in English to mean mistake or false step?
8. What word can be fragments thrown out by an exploding bomb or a British slang term for loose change?
9. In which English county is St Ives?
10. In Agatha Christie's Crime thrillers, what was Miss Marple's first name?

**The ANSWERS are below in RED - please turn the paper upside down to view. GOOD LUCK!**

QUIZ  
time

# POLICIES AND PROCEDURES



So, this is the serious bit! **We're committed to keeping you safe.**

We carry out weekly PPE checks and Workplace Observations on our staff. This is to ensure we are keeping everyone as safe as possible.

We have also had our Annual Review of all our **Policies and Procedures**.

If you would like a copy or a list of the Policies and Procedures we hold please contact Becky Tilby directly who will be able to provide you with these.

Email: [becki@katherineharriet.care](mailto:becki@katherineharriet.care) or call the office directly.

**Answers:** 1. Red. 2. Queen Victoria. 3. Wolfgang Amadeus Mozart. 4. River Avon. 5. Jean Simmons. 6. Barnes Wallis. 7. Shrapnel. 8. Faux Pas. 9. Cornwall. 10. Jane