

Hi All.

Welcome to the Katherine Harriet's



I just wanted to keep you in the loop with some of the Ideas KH have been discussing over the last few weeks and how we have started putting some of this in to place. A discussion was held last week and we KH would like to focus on MENTAL HEALTH & WELL BEING.

On the 21st January at 17:00 a Coronavirus forum was held on Zoom with me, Becky, Elaine, and Hattie. We also invited families so we could share what we as a company are doing to protect our clients and our WBAs and answer any questions that they had

Our agenda.

Covid19 and Vaccinations – Training, testing staff and clients and how this is managed.

FYI - Staff and Client vaccine numbers - We have 67 staff. 91% of you are vaccinated with the first injection the remaining 9% are waiting for the Oxford.

THIS IS AMAZING, WELL DONE TO YOU ALL FOR BEING SO PROMPT.

And to continue with No COVID-19 clients shows how incredible you have all been and being prepared following our policies and procedures. It is proving to be effective.

PPE (Personal protective equipment)- PPE boxes, spot checks, training, and monitoring.

AND THEN WE MOVED ON TO

THINGS TO LOOK FORWARD TO: - We all need a positive way forward in these difficult times and below is how we attend to achieve this.

As you all know we are unable to organise activities for the clients due to Covid-19. So, we have come up with some ideas where we can increase visual contact safely and activities that will get the mind working and how we can stay connected. Ideas that have been discussed -

1. Connecting with families – We are looking at doing this by purchasing some I-Pads and being able to help clients to connect to their families and friends via facetime, zoom and any other mean that make this possible. I am sure there are some of you

out there that would like to support us to do this. So, get your thinking caps on. Are there any Clients that have very limited or no contact or only phone contact where they may like to visually to see their loved ones or connect to their grandchildren?

2. A virtual coffee morning.
3. Adding crosswords, puzzles to the newsletter or sending some out in the post.
4. A lovely idea from B. Fee and his wife Erica was to send drawings/colouring out along with pencils for clients that can colour in even if it is with support from the WBAs, have a competition maybe.
5. Story time. This means getting the clients involved in telling their story and sending it out for others to read possibly relate too.
6. Mrs J. Wen son has had some lovely ideas which we are going to plan and put together the end of next week. Such as quizzes using pictures of old-fashioned brands, sing a long, using google to find places and related areas to clients where they used to live. Even Facebook for clients and 'Grilling Gran' which we will elaborate more on in time.
7. One idea we would like to put into place is to have chat rooms on pacific days for WBA's, families and clients can drop in and out of just for a chat and to know someone has a listening ear. Even if you are with them and just pop in to say hi.



There are lots of things to consider here and some of these ideas do require planning and consent and improved Wi-Fi. This was identified by family attending the meeting. We are going to investigate this moving forward.

If any of you have any further ideas, please come forward and let us know.

I will look forward to hearing from you.

Many Thanks

Lucy

