

# MEET AMY EVANS

WELLBEING ASSISTANT,  
MENTOR & MEDICATION  
OFFICER



## WHAT IS A WELLBEING ASSISTANT

Amy works as a Wellbeing Assistant for Katherine Harriet, supporting vulnerable adults to live independently and safely in the comfort of their own homes. Amy is also our Medication Officer and Mentor to new and existing staff, providing a very varied role at KH.

Her role involves:

- Meeting new Clients and their families
- Providing support / companionship in their own homes
- Medication Support and Nutrition Support
- Providing Meals and Personal Care
- Providing Stoma / Catheter Care, Palliative Care and Dementia Care when needed

As a Medication Officer & Mentor, Amy is also:

- Carrying out Workplace Observations with all staff
- Supporting with the Development of Personalised Care Plans
- Taking part in Mentor team meetings
- Delivering on-the-spot Training for Staff
- Developing and Mentoring new staff and our ways of working
- Part of the Buddy System and Medication checks
- Care observations, PPE and Infection Control Checks as and when required
- Supporting with the delivery of Medication Training and Refresher Training for all staff.
- Monthly Medication Audits with the RM

Amy works closely with other colleagues in certain Client Teams. Amy enjoys the relationship she has with the people she supports and their families delivering high end quality Care. Amy enjoys passing on her experience and knowledge on to others

## GET IN TOUCH

Email: [info@katherineharriet.care](mailto:info@katherineharriet.care)

Website: [www.katherineharriet.care](http://www.katherineharriet.care)

Address: 9 Broad Street, Hereford, HR4 9AP

Telephone: (01432) 483083

## HOW DID AMY GET HERE?

Amy has been in care sector for 15 years overall and before joining Katherine Harriet in 2016 had previously worked in other areas of the Health Care sector. Amy explained that Katherine Harriet had embraced her qualities, experience and ambition as she started her role as a Wellbeing Assistant. Amy's passion is to become a nurse in the future, an aim she is more than capable of following through. Amy is very dedicated and passionate about her role and has achieved so much along the way. Amy is not only a Mentor but she is also our Medication Officer, working closely with the Registered Manager.

## WHERE HAS THIS TAKEN HER?

Whilst being in post Amy has completed a Level 5 in Health and Social Care. She has also attended various courses such as training to become a 'Mentor'. Amy has recently completed the Medication Train the Trainer Course to support the Training Team to deliver Medication Training and Refreshers courses. Amy is now training to become a 'Infection Control Champion' and in the next 6 months will also carry out training to support these roles. Amy enjoys supporting the KH office within an Administration role alongside her community work and hopes to continue this and become more involved. Amy is a highly respected and valued member of the team.

## WHAT ADVICE WOULD YOU GIVE TO OTHERS?

"I have learnt some amazing things over the years, gained lots of qualifications and experience that I would never have achieved if I had not come into care.

I would say to everyone to 'give it a go' as it could be the best thing you do. It opens up so many avenues and there are a variety of roles to move into"