

# JANUARY 2023

# CARE & WELLBEING



## Welcome to our January 2023 Newsletter

As another year has started, and one month has gone by we are looking forward to seeing what 2023 brings to us all. We have switched over to our new system called **One Touch** to support us with our new paperless project, this has proven to be a success with our staff and our clients. Our clients families can also have access to the app so they can keep up to date with their families care and support. We would be happy to send you some more information on this. - KH Team

## WINNER OF HEALTH AND SOCIAL CARE AWARDS

The Hereford Health and Social Care Awards were held on Wednesday 19th October 2022 at The Three Counties Hotel. It was a lovely and exciting night for all those who attended. Katherine Harriet sponsored this event for the fourth year running. We are proud to announce Chlorinda Lane (Wellbeing Assistant) won '**Carer in The Home Award**'.

This was a very well deserved award, and we are extremely proud.

## FUNDRAISING

On Friday 3rd December 2022, we held our Elf Day, to raise money for **The Alzheimer's Society**.

This charity funds the research of the cause and cure of dementia and supports those with dementia to keep connected to their friends and families. Here at Katherine Harriet, we raised an amazing **£672.64**. Thank you to all that donated.



Pictured: Chlorinda Lane (Wellbeing assistant)



## CELEBRATION

Katherine Harriet celebrated turning 8 years old on the 11th January! We would like to take this opportunity to thank you all for your support and loyalty over the last 8 years. We look forward to many more years.

## IN HOUSE TRAINING



Katherine Harriet are in partnership with the Hereford and Worcester Fire Service. Staff had in house training on Wednesday 18th January. They offer a free referral to our clients to enable them to have their homes checked. This includes alarm systems, informative advice on how to keep their home safe, and free heating sources. Please contact the office on **01432 483083** if you require a referral and they will be happy to help.



Pictured left to right: Hattie (Managing Director), Jess (Office Manager), Becky (Registered Manager)

# CLIENT CHRISTMAS MEAL

On **Thursday 15th December 2022**, Becky and Olivia enjoyed meeting with some of our Clients and Wellbeing Assistants to enjoy a Christmas meal together at The Bay Horse Inn, Hereford. Each of our Clients received a lovely gift bag, which were kindly donated to Katherine Harriet by two lovely ladies, Sandra Snowzell and Marion Jones. It was lovely for our clients to open on Christmas day.



## WHATS ON 2023

We have lots of exciting events for the first few months of the year in 2023 - if there is any that you are interested in attending please let the office know:

**Tuesday 7th February** - The Courtyards Spectacular Tea Dance, Dementia friendly performance at The Courtyard 2.00pm - 4.00pm

**Tuesday 23rd March** -Lunch at The Hop Pocket Gardens, 12.00pm - 2.00pm

**Friday 14th April** - Visit to Queenswood Country Park 13:00pm - 15:00pm

Call Becky or Olivia to organise by contacting the office on 01432 483083

## PUZZLE TIME

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## CHRISTMAS PARTIES



We all enjoyed our staff Christmas parties, and it was great to all get together to celebrate the Christmas period as a group. It also gave us a great opportunity to thank all of our Wellbeing Assistants for their hard work the past year. Our Christmas parties were held on: Tuesday 6th December at The Bay Horse Inn, and Wednesday 14th December at The Green Dragon Hotel. Everyone looked fantastic and we all had a lovely night on both nights.

