

MEET KATE SHAW

W E L L B E I N G A S S I S T A N T
T R A I N E R & O N C A L L
T E A M M E M B E R



WHAT IS A WELLBEING ASSISTANT

Kate works as a Wellbeing Assistant for Katherine Harriet, supporting vulnerable adults to live independently and safely in the comfort of their own homes. Kate is also a member of the On Call Team and most recently Kate has enrolled in training to be our Moving & Handling trainer.

Her role involves:

- Meeting new Clients and their families
- Providing support / companionship in their own homes
- Medication Support and Nutrition Support
- Providing Meals and Personal Care
- Providing Stoma / Catheter Care, Palliative Care and Dementia Care when needed

As a member of the On Call Team, Kate also:

- Covers the On Call Service out of office hours
- Supporting Clients & Staff out of hours
- First point of contact in an emergency out of hours

As a member of the Training Committee, Kate also:

- Trains all new inductees in Moving and Handling
- Refreshes and updates our current Wellbeing Assistants knowledge and skills in Moving and Handling

Kate supports a variety of clients and enjoys helping them to remain as independent as possible which enables them to remain in their own homes. Kate likes sharing her knowledge & experience with new staff members, and does this through her Training and On Call roles.

GET IN TOUCH

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HOW DID KATE GET HERE?

Kate has always worked within the caring industry. Kate worked in animal care for six years before starting work in domiciliary care.

She then moved into a residential setting for adults with severe Learning Disabilities. Kate then took a few years out to start a family, during this time Kate also became a Child Minder to suit her new family lifestyle.

After a few years of doing this, Kate decided she wanted to work in her community helping others, it was at this point she started working for Katherine Harriet in 2019.

WHERE HAS THIS TAKEN HER?

During her time at Katherine Harriet, Kate progressed her skills and knowledge and has taken the On Call Pathway and has become a valued member of the Emergency On Call Team. Kate has always enjoyed Moving and Handling and most recently joined the Training Committee as a Trainer in Moving & Handling.

WHAT ADVICE WOULD YOU GIVE TO OTHERS?

"My advice to anyone thinking of joining the care sector, is to do it, the role is truly rewarding. Especially here at Katherine Harriet we are one big family. They are always encouraging us to be the best we can be, offering many aspects of training to improve our knowledge."

TESTIMONIAL

"I feel very lucky to work at Katherine Harriet, with having a young family, the support available is a great advantage to me as a working mum. My next goal is to work towards my Level 4, when the time allows me to do so, this will allow me to enhance my skills and knowledge further".