

January 2024

CARE & WELLBEING



Happy New year from Katherine Harriet

What a fun packed 3 Months we have had in the lead-up to the Christmas festivities, from awards, to bake sales, to coffee mornings, to Christmas outings. I hope you have all had a wonderful time with family and friends

Our January Newsletter will be capturing the highlights of the last quarter October, November and December.

A TIME TO CELEBRATE

This quarter, we attended the Hereford Times Health and Social Care Awards on the 12th October 2023, The Awards to celebrate the following awards; Liz Jones (Dementia Award), KH Care Team (Care Team Award), Employer Award (Katherine Harriet).

Although, sadly, there were no winners this year, we had a fantastic night supporting and celebrating all areas of the sector with some of our team.



Pictured - Care and Office team at Katherine Harriet



Pictured L to R: Sandra, Becky and Marion

TWAS THE SEASON

This year we were visited by two 'Angel's' who came bearing gifts.

Last year, Sandra Snowzell and Marion Jones, collected and donated gifts for our clients, this year was no different

The pair, together, raised over 60 bags

The Gift bags were filled to the brim with handmade items, confectionary and goodies for the Christmas season, we hope you enjoyed your gift bags, if you received them.

STAFF CHRISTMAS AWARDS

On the 7th and 13th of December, we joined our staff for our Christmas Parties and annual awards. Thank you to all of you who voted for your winners

Newcomer: Millie Palfreman / Best in Band: Joel Calder
Breakthrough Act: Chloe Keene / Rockstar: Claire Jones
Special Guest: Kate Shaw



CLIENT CHRISTMAS MEAL

On Tuesday the 19th December 2023, some of you joined our team to celebrate the festive period with a lovely meal. We were joined with some of the Wellbeing Assistants and we had a great meal at The Bay Horse Inn.

Thank you to those of you who attended, we hope you enjoyed yourselves as much as we did. Please enjoy these lovely pictures from our afternoon out.



BRAINTEASER

Give our 'Katherine Harriet' themed wordsearch a try:

- apron
- Caring
- coffee
- gloves
- Harriet
- Katherine
- milk
- tea
- traffic

T E H S V C V P R O C S P P C
 E D N U T O J L X M M D R B D
 I C M I Y F G R O X M P Y Q X
 R A P R R F H B C I F F A R T
 R A M C H E A K L G N I R A C
 A V V K I E H K H R S U J Y P
 H H I I G S Q T O Q J H D M K
 D T O G E N R G A K A B U H K
 Q U E V A P R O N K K Y D K D
 P G O A Q D W I M H E F N N W
 B L R X R U I I P X D O T Y L
 G R P G V T U R M E I R M N S
 W A I H N H R B U C H C V V F
 L O S W D T L Y B D B P W N T
 C R U E T N Z F U D J M D P E

WHATS ON IN 2024

We have lots of exciting events COMING UP - if there are any that you are interested in attending please call Anna on (01432) 483 083:

JANUARY 2024

Tuesday 23rd January 2024

Play together at The Courtyard, Hereford

10:30 am - 12:30 pm

FEBRUARY 2024

Tuesday 6th February

The Courtyard's Spectacular Tea Party- Dementia Friendly

12:00 - 14:30 pm

MARCH 2024

Thursday 14th March

Lunch at The Secret Garden

12:00 - 14:00 pm

